
Transmural heterogeneity of myocardial contraction and ischemia. Diagnosis and clinical implications

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Myocardial contraction behaves heterogeneously, being greater in subendocardial than in subepicardial layers. Similarly, during acute myocardial ischemia or infarction, the subendocardium is the first myocardial layer to suffer. Conventional two-dimensional echocardiography cannot distinguish the transmural extension of myocardial ischemia or infarction, showing akinesia also when only the subendocardium is affected. Novel ultrasonographic techniques (like tissue characterization with integrated backscatter or Doppler tissue imaging) and nuclear magnetic resonance tagging can investigate myocardial contraction in different transmural layers and distinguish subendocardial from transmural ischemia or infarction.

With the advent of thrombolysis and primary angioplasty in the acute phase of myocardial infarction a correct diagnosis of the extension of myocardial necrosis cannot ignore its transmural wavefront development. The salvage of the subepicardial layer does not give direct information on overall myocardial thickening but is one of the major determinants of overall left ventricular dysfunction and size.

Although it is still necessary to investigate this phenomenon, new ultrasonographic techniques give us important information and more opportunities to appropriate diagnosis and future treatment of cardiac patients.

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Introduction

In the everyday evaluation and treatment of patients with coronary artery disease information about myocardial perfusion and contraction regarding both regional and global function is usually required. Experimental studies have shown that microvascular flow¹, metabolic consumption and the strength of contraction^{2,3} are heterogeneous not only between adjacent regions, but also in the different transmural layers of the myocardium.

Methods to study transmural heterogeneity of myocardial blood flow and contraction

Radiolabeled microspheres. Several methods nowadays permit coronary blood flow measurement, and between them the most common are the ones using the electromagnetic catheter (electromagnetic flowmeters implanted around the coronary arteries,

Doppler flow wires or coronary sinus catheters) to determine blood flow. Conversely, it is difficult to separate the flow as it is distributed to the different layers of the cardiac muscle. The most used technique to measure blood flow in the different layers of the myocardium, is an invasive and time consuming one: the assessment of blood flow using radiolabeled microspheres^{1,4}. This method consists in injecting microspheres of polycarbonate with a diameter of 7-15 μ into the left atrium (to favor the mixing with blood), radiolabeled with ¹²⁵I, ⁵¹Cr, ¹⁴¹Ce, ⁸⁵Sr, ⁴⁶Sc¹. For each step of the protocol requiring a blood flow measurement a different marker of the microspheres (e.g. ¹²⁵I, ⁵¹Cr, ¹⁴¹Ce) is used, depending on how many steps are required during the protocol (for example in different steps of a progressive coronary occlusion). At this point, a blood sample is taken from the aorta to use in the counting of the radiolabeled microspheres as a reference point. At the end, after the animal sacrifice, the different slices of the ventricle are analyzed in

the subendocardium and subepicardium. Blood flow is calculated in each myocardial layer, counting the different radiomarkers and obtaining a result with a radiomarker for each protocol step (e.g. the different levels of coronary occlusion).

According to these techniques, available only in animals or *post-mortem* human studies, the subendocardial/subepicardial myocardial flow ratio calculated at rest is approximately 1.25, thanks to a lower microvascular tone in the subendocardium⁵. This lower subendocardial microvascular tone makes this layer more susceptible to ischemia⁵.

Myocardial contrast echocardiography. Recently myocardial contrast echocardiography has also been used to quantify myocardial perfusion. Several myocardial contrast agents, suspensions of microbubbles of variable diameter, have been injected initially intracoronary and nowadays also intravenously.

It must be noted, however, that the increase in contrast videointensity after myocardial contrast injection is not a direct sign of myocardial blood flow or myocardial perfusion because, different from the radiolabeled perfusion agents such as thallium or technetium, the microbubbles do not reach the myocytes out of the microvascular vessels. Despite these considerations, echocardiographic videointensity after myocardial contrast correlates with microvascular blood volume; in fact, a close correlation between the mean myocardial red blood cell transit rate and microbubble myocardial transit rate has been demonstrated ($r = 0.89$), indicating that the transit rates of microbubbles during myocardial contrast echocardiography in experimental studies can be used to assess regional myocardial blood flow in the *in vivo* beating heart⁶.

Intracoronary injection of contrast media in conjunction with echocardiography has the potential of providing information about transmural differences in vascular volume⁷. It shows a good correlation when compared with myocardial flow by radioactive microspheres, and it is able to detect a reduction in coronary flow reserve (as the dipyridamole/baseline flow ratio) in the subendocardium of dogs during coronary ligation⁸. Thanks to contrast echocardiography, Rovai et al.⁹ demonstrated that coronary blood flow is primarily subendocardial in distribution during diastole and subepicardial during systole.

Using myocardial contrast echocardiography and atrial pacing, Lim et al.¹⁰ showed that, in patients with coronary artery stenosis, pacing stress test induced a decrease in the subendocardial/subepicardial gray-level ratio only in segments supplied by a stenotic coronary artery, thus suggesting the occurrence of subendocardial myocardial ischemia.

Another study demonstrated the ability of myocardial contrast echocardiography in detecting transmural differences in videointensity and their changes induced by papaverine after coronary angioplasty¹¹: the suben-

docardial/subepicardial gray-level ratio decreased after papaverine infusion in the segments supplied by a stenotic coronary artery, but increased in the same segments after coronary angioplasty.

Some other studies, using intracoronary injected contrast agents during conventional echocardiography, have shown controversial results for the demonstration of the ability of contrast echo to assess the transmural (subendocardial/subepicardial) distribution of blood flow^{12,13}: myocardial opacification in subendocardial, mid and subepicardial layers weakly correlated with the corresponding regional blood flow measured by microspheres in normal conditions and during myocardial ischemia.

The advent of new resonating echocontrast agents and of the second harmonic ultrasound technology will probably ameliorate the resolution of the images and will allow the separate measurement of contrast opacification in the different myocardial layers.

Myocardial thickening with intramyocardial references. When investigating myocardial contractility of different transmural layers the anatomic arrangement of myocardial fibers has to be taken into account. Subendocardial and subepicardial fibers are mostly parallel to the long axis of the left ventricle and the midwall fibers are oriented circumferentially; during systole all these fibers contract and both the longitudinal axis and transversal axis of the left ventricle shorten; therefore ventricular wall thickness increases^{2,3}.

The first technique employed to measure transmural heterogeneity of contractility and ischemia utilized pairs of sonomicrometers implanted in the different layers of the ventricular wall, with the ultrasonic crystals aligned to the anatomic direction of myocardial fibers. The fiber shortening between each pair of sonomicrometers was then calculated. The superficial pair, aligned along the longitudinal fiber direction in the subepicardium, measured the ventricular long-axis shortening^{14,15}. The inner-intermediate pair, aligned along the circumferential direction in the subendocardium-mid-myocardium, investigated the circumferential shortening. Thanks to this first method it was possible to demonstrate that the subendocardial fibers contract much more than the subepicardial ones^{14,16,17}.

A similar technique, single epicardial pulsed Doppler transducer, measured myocardial contraction velocity in different myocardial layers evaluating the movements of a single point of myocardial tissue. This quicker and less invasive technique showed a good correlation with the paired sonomicrometer technique and confirmed the previous findings of greater subendocardial contribution to overall myocardial thickening¹⁸. Similar results were obtained with intramyocardial pressure measurements in different transmural layers.

Also traditional M-mode echocardiography with an epicardial transducer has been used in conjunction with sutures placed at various distances within myocardial

thickness to measure the distance between myocardial layers along the cardiac cycle^{19,20}.

Integrated backscatter. The integrated backscatter tissue characterization studies the structural and functional state of the myocardium, providing quantitative indexes of its physical properties and variations along the cardiac cycle. Tissue characterization is also capable of evaluating different layers of myocardial transmural thickness, while conventional echocardiography cannot differentiate the relative role of the different layers of the myocardium.

With tissue characterization technique the wavelength of the incident beam is much greater than the boundaries between the different components of the tissue, so ultrasounds become scattered in a multidirectional phenomenon²¹.

The built-in software, currently available for tissue characterization, measures the waves that are scattered and redirected back to the same transducer. This integrated backscatter is calculated by processing the signal directly in the time domain, producing real-time integrated backscatter two-dimensional images. It is then possible to select a region of interest to calculate the integrated backscatter values in a particular segment or layer of the myocardium.

The integrated backscatter value changes during contraction and relaxation of the normal myocardium. These cyclic variations of integrated backscatter (IBScv) are consistent and reproducible along the cardiac cycle with higher values near end-diastole and lower values at end-systole²² (Fig. 1). These IBScv are the expressions of regional intramural myocardial contractile performance^{23,24} and are related to contractility²⁵, but are not directly dependent on inotropic state changes^{23,24}. In fact, during stress-induced myocardial ischemia the IBScv are blunted and, after stress interruption, they recover earlier than myocardial thickening²⁶. A similar dissociation between blunting of conventional video image gray-level

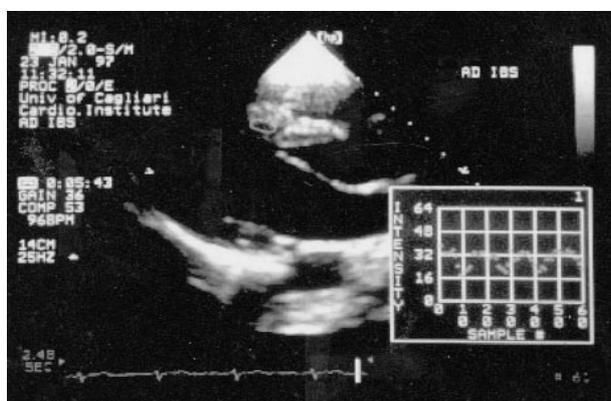


Figure 1. Example of integrated backscatter cyclic variations calculated by means of transthoracic echocardiography in the subendocardium of a normal patient. The region of interest is the oval placed at the level of anterior interventricular septum. The time/intensity graph is drawn in the lower right corner.

cyclic variations and segmental dysfunction, has been observed in patients studied immediately after coronary artery occlusion during angioplasty or during intraoperative ischemia^{27,28}. It is also possible to place the region of interest in different transmural layers, obtaining a selective behavior of IBScv correlated with myocardial contraction in that particular myocardial layer^{29,30}.

However, at the moment the tissue characterization technology shows some limitations: the method is time consuming and it gives results in an unattractive format (a videodensitometric systo-diastolic cyclic variation graph). Moreover, due to anisotropy, it is necessary to have an insonification angle (of the ultrasonic beam) perpendicular to the myocardial segment to obtain precise IBScv curves. This problem can be solved thanks to the transesophageal approach³¹.

Tissue Doppler imaging. Another ultrasound technique which can be used to detect transmural heterogeneity is tissue Doppler imaging. This technique derives from Doppler ultrasound, conventionally implemented in most echocardiographic equipment. Conventional Doppler echocardiography detects any signal in the ultrasound beam with high velocity despite a low intensity; this is due to filters that remove signal with low velocity and high amplitude. The tissue Doppler imaging system enhances the wall motion signal suppressing blood flow: in fact it removes all the low amplitude and high velocity signal (from blood flow)³².

Myocardial wall movement can be displayed in colors similar to those represented in conventional color Doppler: red for the wall moving toward the transducer, blue for the wall moving away from the transducer. Several studies showed that the velocity measured by color tissue Doppler imaging correlated well with the real velocity of rotational moving phantoms^{33,34}. Also in the clinical setting, there was a good correlation of Doppler tissue velocity with conventional M-mode echocardiography³⁵.

This technique is largely limited due to the dependence of myocardial Doppler velocity on heart translocation in the thoracic cage^{32,36}. However, a great potential of this technique is the opportunity to obtain information on the velocity in the different transmural layers. It is possible to detect along the myocardial wall represented with M-mode a range of brightness of the color from the subendocardium to the subepicardium, indicating a myocardial velocity gradient.

This myocardial velocity gradient can be calculated by tissue Doppler imaging in normal subjects and in different pathologic myocardial states, involving left ventricular myocardial function.

Nuclear magnetic resonance. Recently it has been possible to determine the contribution of different transmural layers to myocardial contraction in normal subjects and in patients with acute myocardial infarction also with the use of cardiac magnetic resonance tagging³⁷⁻⁴⁰.

Tagged images are obtained using a breath-hold multiple phase-encoded gradient-echo method. The tag pattern is produced creating tags every 7 mm in a diagonal orientation. Image planes 7 mm thick are created spanning the entire left ventricular cavity from base to apex.

The advent of fast magnetic resonance imaging permits the acquisition of magnetic resonance tomograms during a breath hold. This creates the possibility of studying the influence of paramagnetic contrast agents on myocardial signal intensity with much greater temporal resolution than achieved before by spin-echo magnetic resonance imaging. This major resolution can be useful when studying myocardial contraction in the ischemic myocardium and provides spatial information on myocardial perfusion and myocardial tissue damage additional to that supplied by thallium scintigraphy. Given the time course of regional enhancement patterns after contrast bolus administration, the temporal and topographic features of hypoenhanced zones within the injured territory are best characterized by fast imaging techniques. The demonstration of myocardial contractile heterogeneity and the possibility of its non-invasive evaluation in human beings have potential clinical implications to evaluate the transmural extent a) of myocardial infarction, b) of myocardial viability, and c) of acute myocardial ischemia during stress test. Breath-hold tagged magnetic resonance imaging is safe and effective in detecting regional and transmural changes in function, also during incremental infusion of dobutamine to evaluate transmural contractility in patients without myocardial wall abnormalities. This technique has shown heterogeneous enhancement patterns within the infarcted territory in patients with acute myocardial infarction; moreover, it was able to demonstrate a reduced remote non-infarcted region dysfunction in patients 1 week after anterior myocardial infarction. With this study magnetic resonance tagging demonstrated the feasibility of characterizing regional intramyocardial function in a quantitative and topographic manner⁴¹.

Magnetic resonance tagging could differentiate subendocardial from transmural myocardial infarctions; this finding permits the identification of clinical situations at different risk of infarct expansion (the major cause of left ventricular remodeling⁴²), and the functional relevance of recovery of viable subepicardium for the improvement in ejection fraction. In fact there was a 3-month ejection fraction improvement in patients showing subendocardial and subepicardial layer viability at positron emission tomography studies, but there was no improvement in patients with absence of myocardial viability. A good correlation between recovery in subepicardial layers (viable segments) and recovery in global ejection fraction was also shown.

During transient stress-induced myocardial ischemia, transmural heterogeneity has not been studied with magnetic resonance tagging, mainly because of the complexity of this technique. Therefore, the data avail-

able so far during acute myocardial ischemia are those obtained with direct invasive experimental measurements in dogs²⁰ or with transesophageal integrated backscatter in humans.

Clinical implications of transmural heterogeneity

The contribution of different transmural layers to myocardial contraction is difficult to study, but can provide very important information for the diagnostic and prognostic evaluation of ischemic and non-ischemic cardiac pathologies. In fact myocardial ischemia and tissue necrosis progress along the different transmural layers, from the subendocardium to the subepicardium, creating the necrosis wavefront phenomenon. This phenomenon has important clinical implications, but is very difficult to recognize because invasive techniques cannot be used to calculate the transmural differences of myocardial contraction and ischemia.

At present it is possible to use cardiac ultrasounds and magnetic resonance imaging to obtain information about the heterogeneity of myocardial contraction in the human heart. This information can be applied especially to the evaluation of cardiac ischemia and myocardial infarction, but also to several other pathologies of the myocardium in its different transmural layers.

Transmural heterogeneity in normal subjects. The heterogeneity in myocardial contraction has been shown in animal studies by using epicardial echocardiography and intramyocardial references (crystals, sutures, etc.). These techniques demonstrated that, also during the increase in contractility due to physical exercise or inotropic dobutamine stimulus, the subendocardium contributes to most of wall thickening, accounting for 83% of total systolic thickening.

In normal human beings a transmural heterogeneity of myocardial contraction at rest has recently been determined with the use of cardiac magnetic resonance tagging and ultrasound techniques.

Using tissue characterization by IBScv, several experimental studies evaluated transmural heterogeneity of contraction, but few of them pointed out how the IBScv behave in the subendocardium and subepicardium. To measure the behavior of integrated backscatter in the different layers, the region of interest has to be placed at different depths in the myocardial wall: at first in the subepicardium and then in the subendocardium. At rest there were no differences in absolute values of backscatter, but IBScv were higher in the subendocardium than in the subepicardium. In two studies the endo/epicardial gradient was approximately 2 dB, and the values measured in different layers in the two studies were highly different.

Wickline et al.²³ demonstrated that this transmural gradient does not change with inotropic state modifications produced by infusion of isoproterenol (β stim-

ulus) or β -blockers. Similar data have been obtained in humans by our³⁰ and other groups⁴³.

Several limitations can affect the calculation of IBScv in different layers of the myocardium: a) the spatial definition of echocardiography that limits the sensitivity of the sample volume, mostly during transthoracic studies, b) the intrinsic cardiac movements that have different orientation in the different myocardial layers (twisting, longitudinal or circumferential shortening).

The heterogeneity of myocardial contraction has also been demonstrated by the color analysis of tissue Doppler imaging both in M-mode and in two-dimensional imaging⁴⁴. During systole and diastole there is a transmural heterogeneity in colors, reflecting the differences in velocity of contraction: the subendocardium looks brighter (a greater contraction velocity) while the subepicardium darker (lower contraction). This analysis has also been confirmed by computer measurement of the color gradient, comparing the velocity with the rate of wall thickening from conventional M-mode. This myocardial velocity gradient changes during the different phases of the cardiac cycle, but it is present in both systolic and diastolic phases in normal subjects.

Acute ischemia and subendocardial contraction. The basal greater subendocardial blood flow (normally about 20% greater than that of subepicardial muscle) appears to be secondary to the lower subendocardial vascular tone (because of a greater oxygen consumption). Consequently, the coronary reserve (the ability to increase local blood flow thanks to a reduction in microvascular tone) is physiologically reduced in the subendocardium. In the presence of an intermediate (> 50 and 70%) coronary artery stenosis the subendocardial resistance vessels become fully dilated and their perfusion becomes pressure dependent. Redistribution of flow from the subendocardium to the subepicardium develops as the transstenotic pressure gradient increases (> 70%) and pressure distal to the stenosis falls and the subendocardium is the first layer to be vulnerable to ischemia. During physical activity, coronary blood flow rises to meet the increase in myocardial oxygen demand, leading to an increase in trans-stenotic pressure gradient and a fall in the distal perfusion pressure, resulting in redistribution of blood flow from the subendocardium toward the subepicardium. The fall in intraluminal pressure may lead to a collapse of the vessel at the level of the obstruction, thereby increasing the degree of stenosis.

Due to this low subendocardial flow reserve, the subendocardium is the first layer to be vulnerable to ischemia when an acute reduction in coronary blood flow occurs. In dogs the effects of a coronary artery progressive occlusion⁴⁵⁻⁴⁸ and/or physical exercise performed in the presence of a significantly narrowed coronary artery⁴⁹ have been studied. The subendocardium suffered a severe reduction in perfusion and kinesis (detected with intramyocardial electronic crystals), but only a trivial reduction of both factors can be detected in the

subepicardium. Therefore, during partial coronary occlusion the reduction in flow is limited to the inner layers and contractility is mainly depressed in the subendocardium. These results were also confirmed by pulsed Doppler⁵⁰ and the intramyocardial suture technique described above⁵¹.

Also the ultrasonic backscatter technique can detect myocardial ischemia. IBScv are severely blunted during acute myocardial ischemia, obtained with coronary artery ligation⁵². Such a behavior has also been found in coronary artery disease patients, during stress-induced myocardial ischemia⁵³.

IBScv blunting during myocardial ischemia is related to the duration of coronary artery occlusion. If reperfusion is achieved very early (after 5 min occlusion), IBScv recovery is immediate and complete; if reperfusion is delayed (after 30 min), the recovery period lasts several hours⁵⁴. Moreover, IBScv recovery during the reperfusion phase is much faster and complete than other conventional regional left ventricular functional parameters (myocardial thickening, systolic shortening, wall motion score index)⁵⁵.

The only data on transmural gradient in human beings have been obtained from a transesophageal study of 37 patients with suspected coronary artery disease during a stress test with atrial pacing³⁰. We divided the 37 patients into two groups: one with normal coronary arteries and the other with significant coronary stenosis. In both groups at rest there was a 2 dB transmural gradient of integrated backscatter, equal to the one found in dogs.

Moreover, IBScv are capable of detecting ischemia in different transmural layers (Fig. 2). Acute occlusion of the left anterior descending coronary artery caused a reduction of IBScv in the subendocardial layer, abolishing the basal transmural gradient. During the same experiment there was also a depression of subendocardial blood flow. A similar behavior of IBScv in the subendocardium and subepicardium has been found during myocardial ischemia induced by atrial pacing stress test in patients with suspected coronary artery disease compared to a control group without significant coronary disease. At rest IBScv were greater in the subendocardium than in the subepicardium (transmural gradient of

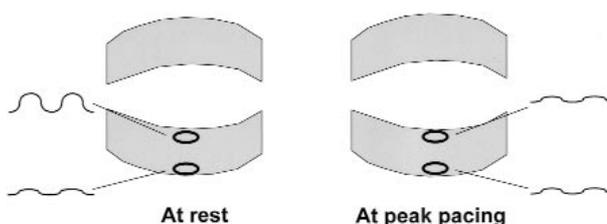


Figure 2. Scheme of the behavior of integrated backscatter cyclic variations in different layers at rest and during atrial pacing stress test. In the left panel there is a transmural heterogeneity gradient of integrated backscatter cyclic variations favoring the subendocardium. In the right panel (at peak pacing stress stimulus) there is a blunting in subendocardial integrated backscatter cyclic variations and disappearance of the subendocardial/subepicardial transmural gradient.

IBScv) both in myocardial segments supplied by a stenotic or a non-stenotic coronary artery. At peak transesophageal atrial pacing the IBScv myocardial segments supplied by a stenotic coronary artery showed a reduction in subendocardial IBScv (Fig. 3) and no reduction in subepicardial IBScv (Fig. 3), abolishing the transmural myocardial gradient (Fig. 4). In normal subjects there were no changes in IBScv in both the subendocardium and subepicardium; this was the first demonstration of subendocardial stress-induced ischemia in human beings³⁰.

Myocardial infarction transmural heterogeneity.

Thanks to an early and more complete reperfusion in the acute phase of myocardial infarction (due to thrombolysis or primary angioplasty), myocardial salvage is frequently achieved.

With a progressive increase in ischemia duration the necrosis progresses from the endocardium to the epicardium⁵⁶⁻⁵⁸ and this wavefront phenomenon is not dependent on the collateral circulation. This sequence of

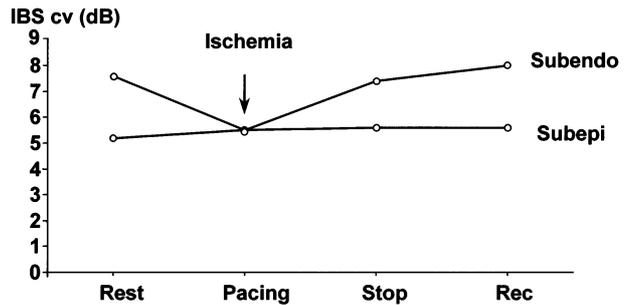


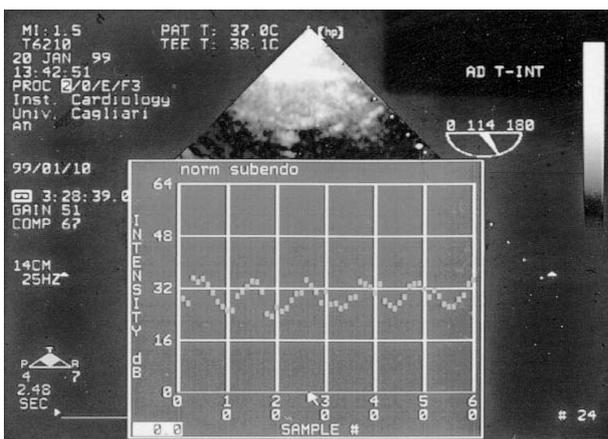
Figure 4. Graph showing the behavior of integrated backscatter cyclic variations (IBScv) in different transmural layers of the group of ischemic myocardial segments of patients with coronary artery disease. Adapted from Colonna et al.³⁰.

events cannot be demonstrated with conventional echocardiography, which evaluates myocardial wall thickening (by means of segmental myocardial wall motion analysis). This is due to the necrosis transmural threshold : in fact, when the histological necrosis affects less than 20% of myocardial wall thickness, a proportional reduction in myocardial thickening occurs; if the necrosis exceeds the threshold of 20%, a total absence of myocardial thickening is observed⁵⁹. Therefore a subendocardial necrosis involving the inner 30% of the myocardial layers produces a wall motion akinesia similar to that of a transmural myocardial infarction.

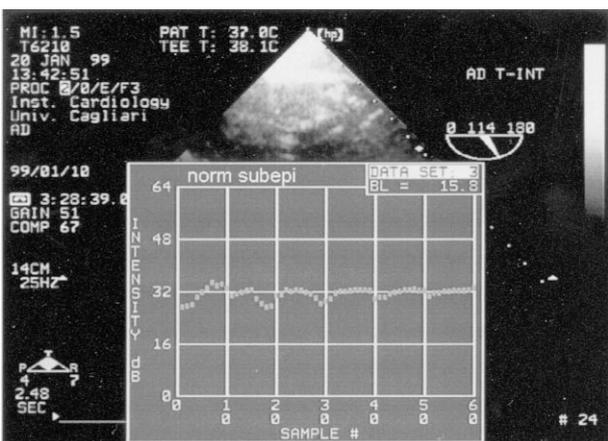
The clinical importance of the above data is underlined by some interesting recent findings. In two groups of dogs with comparable infarct size (measured as grams of necrotic tissue), the group with a greater infarct transmurality showed larger diastolic and systolic volumes and a greater regional and global left ventricular dysfunction after 6 weeks (left ventricular remodeling). In this group of dogs there was also a greater number of complications like left ventricular thrombus, arrhythmias and deaths⁴².

Moreover, myocardial infarction causes also a disappearance in myocardial velocity gradient at tissue Doppler imaging. In fact myocardial velocity gradient was significantly lower in infarcted regions both in the interventricular septum and in posterior wall when compared to non-infarcted regions or to normal myocardial wall in control subjects.

At rest a poor correlation between histological infarct size and myocardial thickening has been observed; this correlation remarkably improved during dobutamine infusion⁶⁰. Dobutamine did not improve the correlation when the segments were supplied by a coronary artery with residual stenosis. This correlation improvement was explained by the fact that dobutamine infusion increased contractility in the viable segments with a basal akinesia, but without transmural necrosis (viability in the mid-superficial myocardium). In the presence of residual stenosis of the infarct-related artery, dobutamine infusion did not ameliorate myocardial contractility probably because of a biphasic response to dobutamine of the stunned myocardium, thus correlation remained



A



B

Figure 3. A: example of integrated backscatter cyclic variations in the subendocardium of a normal segment at peak pacing stress test (150 b/min). There is a value of peak-to-nadir integrated backscatter cyclic variations of 11.4 dB. B: example of integrated backscatter cyclic variations in the corresponding subepicardium at peak pacing stress test. There is a much lower value of peak-to-nadir integrated backscatter cyclic variations (4.3 dB).

poor^{60,61}. This finding marks the importance of myocardial salvage (even isolated subepicardial salvage) to limit the post-infarction cavity expansion.

Transmural heterogeneity in post-ischemic stunning recovery. Similarly to the ischemia wavefront also myocardial post-ischemic stunning is heterogeneous, being more intense in subendocardial layers. Myocardial contractility has been invasively studied in three different transmural layers after a 15 min coronary artery occlusion followed by reperfusion. Post-ischemic myocardial contractility recovery was delayed in the subendocardial layer compared to the other two.

This transmural heterogeneity in post-ischemic stunning recovery could be explained by a more intense subendocardial ischemia, with a delayed subendocardial microvascular reperfusion (microcirculatory subendocardial stunning)⁶², or with a greater subendocardial overload of reperfusion toxic metabolites (free radicals, granulocytes).

Tissue characterization has potential in detecting stunned myocardium. After acute myocardial infarction, only in patients with an open infarct-related artery (with a high probability of post-infarction myocardial stunning) IBScv recovered from early (within 24 hours of chest pain onset) to late (pre-discharge) studies, while wall motion score index did not⁶³.

Moreover, in a dog model of ischemia-reperfusion IBScv recovered earlier than myocardial thickening; similarly, in a group of patients with coronary artery disease undergoing stress-induced myocardial ischemia, after atrial pacing interruption there was an immediate (3 s) IBScv recovery, while myocardial thickening recovered after 2 min³⁰. This delayed IBScv recovery can be due to post-ischemic stunning and can be studied along the different transmural layers.

In fact, a possible explanation of this temporal dissociation between IBScv and myocardial thickening is related to the subendocardial stunning. Since the subendocardial layer is responsible for a great part of the overall transmural contraction, the ischemic loss of its contribution can provoke a reduction in overall transmural thickening with two-dimensional echocardiography. Therefore, immediately after coronary ligation release or stress interruption the mid-outer myocardium (not important for the overall myocardial thickening) has already recovered and there are normal IBScv, because they are calculated in all the different myocardial layers⁶⁴.

Transmural heterogeneity in other clinical conditions. Important findings about transmural heterogeneity have been demonstrated in clinical conditions different from ischemic heart disease. Mostly, new echocardiographic techniques have been used (the integrated backscatter with absolute values for increases in myocardial fibrosis, or magnitude of the cyclic variations and tissue Doppler imaging) to evaluate transmural heterogeneity in clinical conditions as hypertrophic^{43,65}

and dilated⁶⁶ cardiomyopathy, initial acute cardiac allograft rejection⁶⁷, cardiac dysfunction from iron overload⁶⁸ or cardiac muscle changes in diabetic patients without overt heart disease⁶⁹.

Diagnosis of transmural heterogeneity in hypertrophic cardiomyopathy has been accomplished by the analysis of the transmural trend of the absolute myocardial integrated backscatter and tissue Doppler imaging. The transmural gradient in integrated backscatter did not correlate with ventricular wall thickness in patients with hypertrophic cardiomyopathy either in the septum or posterior wall. Conversely most patients in the hypertrophic cardiomyopathy group showed an altered integrated backscatter gradient in the septum, and about half of them in the posterior wall.

By means of tissue Doppler imaging the intramural function of patients with left ventricular hypertrophy of different etiologies can be assessed. The analysis and quantitation of myocardial velocity gradient, in fact, showed a significant reduction in transmural myocardial velocity gradient in patients with hypertrophic cardiomyopathy, while patients with left ventricular hypertrophy secondary to hypertension had values comparable to normal subjects. A similar transmural reduction was also observed in diastolic velocity behavior. Thus, myocardial velocity gradient measurement has a potential in the identification of patients with hypertrophic cardiomyopathy within the group of hypertrophies of different origins.

Also in dilated cardiomyopathy with impairment of left ventricular contraction, the endo-epicardial transmural velocity gradient at tissue Doppler was reduced. In both antero-septal and posterior wall, the myocardial velocity gradient demonstrated to be significantly reduced in patients with dilated cardiomyopathy compared to normal subjects. This reduction in velocity gradient is evident in all systolic cardiac phases, and during diastole only in the atrial contraction phase.

Important changes in the subendocardium occur also in acute cardiac rejection. Several studies showed that moderate and severe but not mild acute cardiac rejection is associated with significant acoustic changes. The use of ultrasonic tissue analysis with two-dimensional integrated backscatter allows for a reliable identification of mild acute cardiac rejection, with an end-diastolic backscatter increase in both the posterior wall and interventricular septum. This significant myocardial acoustic change occurs only in the subendocardium and is independent of changes in contractile performance.

Moreover, early muscular dysfunction can be detected in secondary cardiomyopathy such as cardiac dysfunction in thalassemic patients without clinical signs of heart failure and diabetic patients without overt heart disease abnormalities. The data obtained by myocardial tissue characterization with integrated backscatter in these studies, even without specific information on different transmural layers, demonstrated that myocardial re-

flectivity is abnormally increased probably due to iron overload, fibrosis and histopathological alterations. These quantitative abnormalities can be detected within the posterior wall and the septum when conventional echocardiography cannot clearly differentiate them from normal segments.

Conclusions

Nowadays, the most important goal of myocardial infarction treatment is early myocardial salvage. With the advent of effective reperfusion therapeutic strategies (thrombolysis, percutaneous transluminal coronary angioplasty) in the acute phase of myocardial infarction, myocardial salvage is frequently achieved. Thus, a correct diagnosis of the extension of the myocardial necrosis cannot ignore its transmural wavefront development.

Due to this necrosis wavefront progression, the myocardial salvage is more easily obtained in the subepicardial layer. Thus, after myocardial ischemia followed by reperfusion, myocardial infarction can manifest different anatomic and/or functional characteristics (subendocardial infarction). The salvage of the subepicardial layer does not give direct information on overall myocardial thickening but is the major determinant of overall left ventricular dysfunction and size, this latter being the most powerful predictor of prognosis after myocardial infarction.

Wall motion akinesia can be caused by a variable extension of non-contracting, scarred myocardium (in the presence of successful and timely reperfusion scar is usually confined to subendocardial layers); an important role is played by the extent of salvaged myocardium beyond the scar. Such myocardium can show different functional status (alive and normo-contracting; alive but stunned and temporarily dysfunctioning; alive but chronically dysfunctioning). These different anatomic and functional intramyocardial patterns represent the basis for different functional outcome of regional and hence global left ventricular function.

New non-invasive technologies, based on ultrasounds and magnetic resonance, can detect subendocardial contractility and the transmural extension of myocardial damage. Although it is still necessary to investigate this phenomenon, these new techniques give fundamental information in an unexplored field of cardiac disease diagnosis. The impact of a better understanding of cardiac diseases and their pathophysiology will give us more opportunities to appropriate diagnosis and treatment of cardiac patients.

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