

Estrogen derivative relaxes rabbit aorta via the endothelial receptor system

Riccardo Raddino, Giovanna Pelà*, Daniela Uberti, Cinzia Portera, Rubina Ferrari, Tiziano Maria Scarabelli**, Terence Jonathan Cooper**, Carlo Manca*

Department of Cardiology, University of Brescia, Brescia, *Department of Cardiology, University of Parma, Parma, Italy, **Institute of Child Health, University of College, London, UK

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Background. It is well known that sexual hormones, in particular estrogens, may influence the cardiovascular system. Experimental and clinical studies have shown that estrogen directly or indirectly modulates the reactivity of vascular smooth muscle but at present the mechanism of action of this hormone has yet to be clarified. The aim of this study was to evaluate the vascular effects of a synthetic non-steroid estrogen, diethylstilbestrol, and the possible involvement of endothelial function.

Methods. We investigated, on aortic strips of a female rabbit, the inhibitory effects of diethylstilbestrol on the contractions induced by different spasmogenic agents, noradrenaline (10^{-6} M), angiotensin II (10^{-6} M), serotonin (10^{-6} M), and KCl (10^{-1} M). Some experiments were performed in high K^+ , Ca^{++} -free solution. In some experiments endothelial function was abolished by mechanical ablation. Another series of experiments was incubated (30 min) with N^G -monomethyl-L-arginine, which inhibits nitric oxide synthase or with tamoxifen, a specific antagonist of estrogen receptors.

Results. At doses from 10^{-6} M to 10^{-4} M, diethylstilbestrol showed an evident spasmolytic action on contractions induced by noradrenaline, angiotensin II and serotonin but no significant effect was observed on KCl spasm. The inhibitory response of diethylstilbestrol to increased vascular tone induced by noradrenaline disappeared when the endothelial function, validated by the acetylcholine test, was abolished by mechanical ablation. When tested in high K^+ , Ca^{++} -free solution, diethylstilbestrol did not significantly shift the cumulative dose-response curve of calcium. In the experiments performed with N^G -monomethyl-L-arginine, diethylstilbestrol failed to induce vasodilation suggesting that its action may be related to synthesis of nitric oxide. Moreover, in the presence of tamoxifen, diethylstilbestrol was unable to induce vasodilation.

Conclusions. The early occurrence of vasodilation is in favor of a direct effect and seems to exclude a regulation of gene expression. These results suggest that estrogens may directly regulate vascular tone interacting with its specific endothelial cell receptors through the release of nitric oxide.

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Address:

Dr. Riccardo Raddino

Cattedra di Cardiologia
Università degli Studi
Spedali Civili
Piazzale Spedali Civili, 1
25123 Brescia
E-mail:
r.raddino@usa.net

Introduction

An ever increasing number of clinical and experimental observations show that sexual hormones, in particular estrogens, may interfere with the functions of the cardiovascular system. Premenopausal women have a lower incidence of some cardiovascular diseases, such as hypertension, myocardial ischemia, coronary artery disease; however, the incidence of cardiovascular diseases rapidly increases after cessation of ovarian function¹⁻³.

These observations supported the hypothesis that this loss of protection was due to a deficit of endogenous estrogens. Furthermore, estrogen replacement therapy in postmenopausal women might have protec-

tive effects on cardiovascular morbidity and mortality⁴⁻⁶.

A number of potential mechanisms for the protective effect of estrogen have been proposed. Estrogen has a beneficial effect on plasma lipoproteins⁷, and also appears to inhibit experimentally induced atherosclerosis⁸. Other potential protective mechanisms of estrogen action include calcium antagonism^{9,10}, hormone-induced release of endothelium-derived relaxing factors, and suppression of contracting factors¹¹⁻¹⁴. Estrogen improves endothelium-dependent vasodilation either in female monkeys with dietary atherosclerosis and in postmenopausal women with coronary atherosclerosis¹⁵⁻¹⁷. Some studies hypothesized that estrogen may exert direct effects on vascular cells through its specific receptors^{18,19}. How-

ever, the exact mechanism by which estrogen modulates the vascular tone is not fully understood^{20,21}. In this study, isolated rabbit aortic strip preparations were used to evaluate the direct effect of estrogens on vascular reactivity and to verify if this effect is mediated by an estrogen receptor system located on the endothelium.

The mechanism of action of the estrogenic response was assessed by using diethylstilbestrol (DES), a synthetic non-steroid estrogen. Tamoxifen, which derives from DES but presents an antiestrogenic activity on estrogen receptors, was used to study receptor-mediated effects.

Methods

Experimental protocol. Adult New Zealand albino female rabbits weighing approximately 2-2.5 kg were used. Rabbits were killed by a blow on the neck and the thoracic aorta quickly removed and placed in a modified Krebs-Henseleit solution containing in mM: NaCl 113, KCl 4.7, CaCl₂ 1.9, NaHCO₃ 25, MgSO₄ 1.2, KH₂PO₄ 1.2, and glucose 11.5.

Afterwards the media was separated from the connective tissue and adventitia and spirally cut to obtain 2 cm long and 3 mm wide strips according to the Furchgott's technique²². These helicoidal strips were placed in isolated organ baths (5 ml) containing Krebs-Henseleit solution at 37°C and gassed with 95% O₂ and 5% CO₂ (pH 7.4).

Preparations were suspended under an isometric passive stretch of 2 g and left to equilibrate for 120 min. Tension was measured by means of an isometric transducer connected to a press writing recorder (Unirecord 7050, Basile, Milan, Italy).

Integrity of the endothelium was validated in every strip with the acetylcholine test²².

After the period of equilibration, the strips were contracted with noradrenaline (10⁻⁶ M), angiotensin II (10⁻⁶ M), serotonin (10⁻⁶ M) and KCl (10⁻¹ M). When contractions reached a plateau (usually 5-10 min after administration), DES (from 10⁻⁷ M to 10⁻⁴ M) was added according to the cumulative dose method²³.

In another series of experiments dose-response curves with calcium (from 10⁻⁴ M to 10⁻¹ M) were achieved using high K⁺, Ca⁺⁺-free solution, obtained by replacing 80% NaCl with an equimolar concentration of KCl and by omitting calcium²⁴. After the first calcium control curve, a second curve was induced in the presence of DES (10⁻⁴ M) and allowed to act for 30 min.

In another series of experiments the endothelium was ablated mechanically and the absence of endothelium was assessed pharmacologically using the acetylcholine test²². In this experiment, the denuded strip preparations were challenged with a single dose of noradrenaline (10⁻⁶ M) and the cumulative dose-response curves with DES (from 10⁻⁷ M to 10⁻⁴ M) were evaluated.

The next step was to test the effects of L-arginine, a compound involved in the production and release of nitric oxide from endothelial cells, and/or of N^G-monomethyl L-arginine (L-NMMA) which has been reported to inhibit nitric oxide release from endothelial cells, added to the bath 30 min before the contraction induced by noradrenaline (10⁻⁶ M)²⁵.

In the last series of experiments tamoxifen (from 10⁻⁷ M to 10⁻⁴ M), a specific estrogen receptor antagonist, was added to the bath on the contraction induced by noradrenaline (10⁻⁶ M) and cumulative curve was obtained. Moreover, the aortic preparations were preincubated with tamoxifen (10⁻⁶ M), added to the bath 30 min before the contraction induced by noradrenaline (10⁻⁶ M) and challenged with DES (from 10⁻⁷ M to 10⁻⁴ M) according to the cumulative dose method.

Drug solubility. Once dissolved in ethanol, DES was added to the bath solution in order to reach the appropriate concentration. The concentration of ethanol in the bath was kept under 0.1% v/v. This concentration was found not to influence vasodilatory responses. Noradrenaline, angiotensin II, serotonin, KCl, L-arginine, L-NMMA, and tamoxifen were dissolved in water.

Statistical analysis. Data are expressed as mean ± SEM of 5-6 observations. The inhibitory response of DES to aortic strips precontracted with different spasmogenic agents was calculated as percent reduction of the maximal contractile force increase (plateau) taken as 100. Analysis of variance was applied when comparison of data was requested and statistical significance was defined for a probability value < 5% (p < 0.05).

Drugs. The following drugs were used: DES, tamoxifen, noradrenaline, serotonin, angiotensin II, acetylcholine hydrochloride, L-arginine, L-NMMA (acquired from Sigma Chemical, St. Louis, MO, USA), KCl, and other reagents for buffer solution (acquired from Bracco, Milan, Italy).

Results

The effects of DES on aortic strips precontracted with four different spasmogenic agents are shown in figure 1. Noradrenaline (10⁻⁶ M) induced a tonic contraction of 1.8 ± 0.6 g, serotonin (10⁻⁶ M) of 1.4 ± 0.8 g, angiotensin II (10⁻⁶ M) of 1.6 ± 0.4 g, and KCl (10⁻¹ M) of 2.1 ± 0.8 g.

DES inhibited the contractions induced by noradrenaline, angiotensin II and serotonin starting at 10⁻⁶ M and reaching the maximum inhibitor effect at 10⁻⁴ M. The contractions induced by noradrenaline, serotonin and angiotensin II were reduced respectively by 54, 48 and 41% whilst no significant effect was observed on KCl-induced spasm.

When tested in high K⁺, Ca⁺⁺-free Krebs-Henseleit solution, DES (10⁻⁴ M) did not significantly shift the cu-

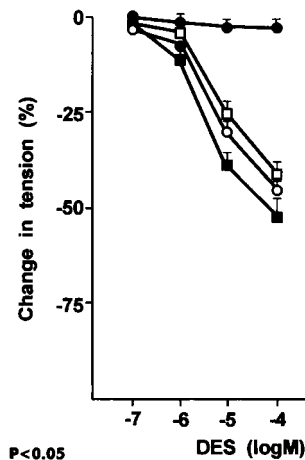


Figure 1. Dose-dependent relaxing effect of diethylstilbestrol (DES) on rabbit aorta segments precontracted by noradrenaline (■-■), serotonin (○-○), angiotensin II (□-□) and KCl (●-●). Data were calculated as percentages of reduction in maximal contractile force increase. Values represent the mean of 5-6 observations for each spasmogenic agents. Concentrations are expressed as mol/l.

mulative dose-response curve of calcium to the right (Fig. 2). This observation suggests that DES does not interfere with extracellular Ca^{++} fluxes.

When the endothelium was ablated, the relaxant effect of DES on spasm induced by noradrenaline (10^{-6} M) was suppressed (Fig. 3).

Figure 4 shows the effects of DES (10^{-4} M) on contractions induced by noradrenaline on rabbit aortic strips at baseline and in the presence of L-arginine and/or L-NMMA. L-NMMA (0.5 mM), added to the bath 30 min before the contraction induced by noradrenaline (10^{-6} M), abolished the vasorelaxant effect of DES. In the same way, the addition of L-arginine (0.5 mM) alone did not potentiate the endothelium-dependent relaxation of DES. However, L-arginine (1.0 mM) partially reversed the inhibitory effect of L-NMMA (0.3 mM). L-arginine (1.0 mM) and L-NMMA did not exert any significant effect on basal tension (data not shown).

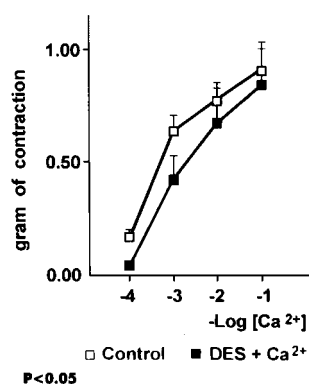


Figure 2. Rabbit aortic strips: inhibitory effect of diethylstilbestrol (DES) (10^{-4} M) on the Ca^{2+} -induced contraction in high K^+ , Ca^{2+} -free solution. Values represent the mean of 5-6 observations. Doses are expressed as mol/l.

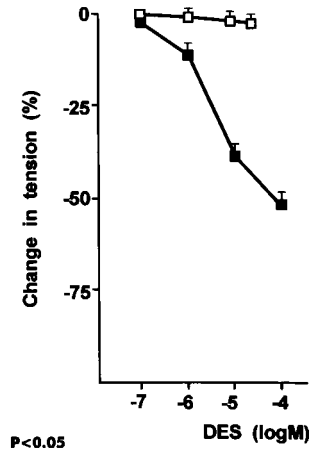


Figure 3. Dose-dependent relaxing effects of diethylstilbestrol (DES) on contractions induced by noradrenaline (10^{-6} M) on aortic strips with integrity (■-■) of the endothelium and with the endothelium ablated (□-□). Data were calculated as percentages of reduction in maximal contractile force increase. Values represent the mean of 5-6 observations. Concentrations are expressed as mol/l.

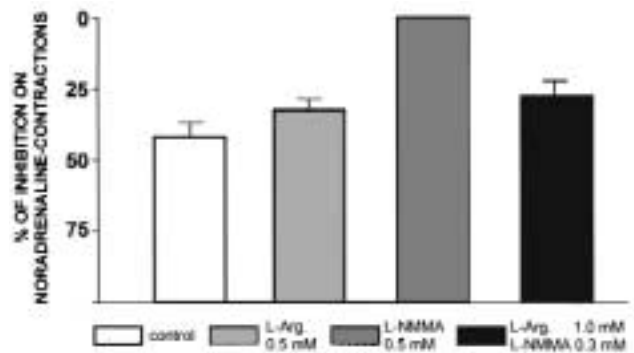


Figure 4. Percentage of inhibition observed on contractions induced by noradrenaline on aortic rabbit segments in the presence of diethylstilbestrol (10^{-4} M) under control conditions and in the presence of L-arginine (L-Arg), and/or N^G -monomethyl L-arginine (L-NMMA). Data were calculated as percentages of reduction in maximal contractile force increase. Values represent the mean of 5-6 observations. Concentrations are expressed as mmol/l.

Tamoxifen (from 10^{-7} M to 10^{-4} M) showed no significant effect on the plateau of noradrenaline-induced contraction. Furthermore, tamoxifen added to the bath 30 min before the contraction induced by noradrenaline (10^{-6} M), completely abolished the vasodilatory effect of DES (Fig. 5).

Discussion

In the 1970's DES was used for the treatment of complicated pregnancy; however it has been demonstrated that DES should not be used for any purpose during pregnancy: there is an association between maternal DES therapy and tumor appearance (vaginal and cervical adenocarcinoma and adenosis) as seen in young women exposed during fetal life (Food and Drug Ad-

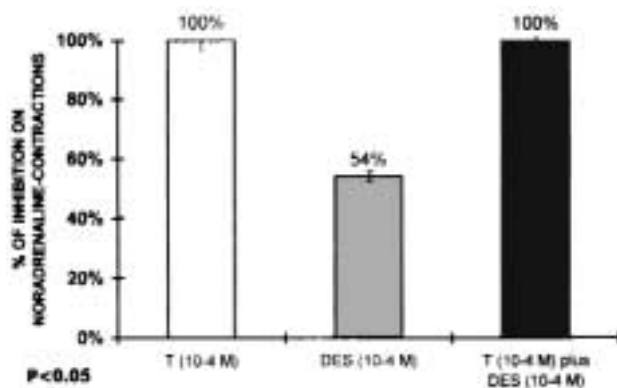


Figure 5. Percentage of inhibition observed on contractions induced by noradrenaline on aortic rabbit strips in the presence of tamoxifen (T) (10^{-4} M), diethylstilbestrol (DES) (10^{-4} M), and DES (10^{-4} M) plus preincubation with T (10^{-4} M). Data were calculated as percentages of reduction in maximal contractile force increase. Values represent the mean of 5-6 observations. Concentrations are expressed as mol/l.

ministration Drug Bulletin, 1985). DES has been used as a postcoital contraceptive; however because of the risk of serious adverse effects associated with high dosages of estrogens, DES should only be used rarely or in an emergency (e.g. rape, incest); it should not be used as a routine method of contraception and repeated courses of DES therapy should be avoided.

DES is used for the palliative treatment of advanced, inoperable, metastatic carcinoma of the breast in postmenopausal women and in men; however, because tamoxifen appears to be at least as effective as estrogen therapy in postmenopausal women and causes a lower incidence of severe adverse effects, it is preferred by some clinicians.

In males, DES or DES diphosphate is used for the palliative treatment of advanced carcinoma of the prostate. Hormonal manipulation with estrogens is currently considered a therapy of choice for patients with inoperable prostatic tumors, for patients who refuse orchiectomy and for patients whose disease progresses despite orchiectomy in whom the benefits of estrogen use are considered to outweigh the risk of adverse effects²⁶.

In the present study we try to state the pharmacological reasons besides the clinical use of the synthetic estrogen DES, considering the structural analogy with natural estrogens.

Numerous clinical and epidemiological studies have shown the protective role of estrogens on the cardiovascular system, but to date the mechanism of this protection is not fully understood^{20,21}. A number of potential mechanisms have been proposed^{21,27}.

Estrogens, as other steroid hormones, act by modulating the transcription for a number of genes: passively spreading through cell membrane they reach the nuclear receptor for estrogen, a protein present in all estrogen-sensitive tissue. After activation, the receptor binds some specific regions of DNA promoting gene transcription.

Recent studies have shown that estrogen is able to induce a rapid improvement in endothelial function, both in patients and in animals affected by atherosclerosis²⁷⁻³⁰. Such effects which can be observed both in the coronary circulation and peripheral district, seem to be mediated by an increased production of nitric oxide^{21,27-32}. The molecular mechanism may be dependent on both transcriptional induction of endothelial nitric oxide synthase³³ as well as on acute activation of the enzyme³⁴.

On the other hand, *in vitro* studies have shown direct effects of estrogens on cardiovascular preparations^{10,11,35}. We have previously reported in isolated perfused rabbit hearts an inhibitory effect of 17β -estradiol and DES on coronary basal tone as well as on spasm induced by different spasmogenic agents^{36,37}. Other studies have reported direct effects on vascular smooth muscle both through endothelium-dependent^{11,13} and endothelium-independent mechanisms^{21,27,38,39}.

The rapid improvement in endothelial function and the direct effects exerted by estrogens, which cannot be explained with a genomic interaction, seem to be mediated by a receptorial mechanism^{21,40}. This supposition might also account for the lack of effect of estrogen on endothelial function, observed in male patients¹⁷.

The role of estrogen receptors is not clear. Nevertheless, specific binding sites for 17β -estradiol have been found in vascular smooth muscle cells including rat aortic smooth muscle cells grown in culture and canine coronary smooth muscle cells^{18,19}. Recently the existence of estrogen receptors on the endothelial cells of cultured human umbilical veins and bovine aortas has been shown⁴¹. These studies have suggested that estrogen may exert a direct effect on vascular cells through its specific receptor whose expression can be up-regulated by the hormone⁴².

In order to evaluate the role of estrogen receptors, we used a synthetic non-steroid estrogen, DES, on isolated aortic strips of the rabbit. This study confirms a direct vasorelaxing effect of DES on contractions induced by noradrenaline, serotonin and angiotensin II. On the contrary, DES induced no significant effect on KCl contractions. This finding suggests that this hormone preferentially affects the mobilization of intracellular calcium rather than the influx of calcium from the extracellular milieu, as was documented for KCl²⁴.

The non-competitive interaction with the calcium curve in the presence of depolarizing solution seems to minimize the supposed interaction of DES with potential-dependent calcium channels⁴³.

Like acetylcholine, the relaxing effect of DES disappeared when the endothelium was ablated, suggesting that DES, in this district, acts by an endothelium-dependent mechanism.

The finding that the vasodilatory effect of DES was strictly dependent on the presence of endothelial cells justified further investigations. In particular, we verified if the vasodilating effect of DES was related to the synthesis of nitric oxide.

As it is well known, the synthesis of nitric oxide starts from L-arginine. In particular, the activation of the receptorial system implicated in the nitric oxide synthesis pathway leads to a rise in intracellular Ca^{++} which stimulates nitric oxide synthase, resulting in the formation of nitric oxide and citrulline^{21,44}.

The enzyme is inhibited by an analogue of L-arginine, L-NMMA. Nitric oxide thus formed activates soluble guanylate cyclase, responsible for the cGMP accumulation with subsequent relaxation of vascular smooth muscle⁴⁵.

Our experiments showed that the relaxation induced by DES on noradrenaline contractions was abolished by L-NMMA and this abolition was overcome by L-arginine.

The above strongly suggests that endothelial cells can be stimulated by estrogen to synthesize and release nitric oxide. The inhibitory effect induced by tamoxifen, administered 30 min before inducing noradrenaline spasm, seems to suggest that the action of DES on endothelial cells is mediated by specific estrogenic receptors.

Hence, our data show a strict correlation between endothelial function and activity of the estrogen receptor system in the vessels. It is possible to hypothesize that the function of this system is directly influenced by plasma levels of estrogens as observed by other authors who have demonstrated a rapid improvement in endothelial function induced by estrogens^{46,47}. These data can improve the knowledge about the pathophysiology of cardiovascular diseases like hypertension and coronary artery disease in postmenopausal women.

The protective effect of replacement therapy with estrogens in postmenopausal women can be explained through an up-regulation of this system⁴⁶.

We have observed an increasing incidence of coronary diseases in women after therapy with tamoxifen and this connection needs a more specific epidemiological evaluation.

In conclusion, this work suggests a direct vasorelaxing effect of estrogen on the cardiovascular system. In our experimental condition DES was able to induce vasodilation through a release of nitric oxide from endothelial cells. Our results suggest that this effect is mediated by activation of estrogen receptors probably localized on the endothelium.

The role of the estrogen receptor system has to be elucidated. The activation of such receptors could determine an acute non-genomic activation of nitric oxide synthase as well as the modulation of transcription factors promoting the expression of genes related to endothelial activation.

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